

# LUNCH CLUB



A YEARLY PLAN

## Friendship Lunch Club Plan for Year 3's - Autumn plan

Week	TOPIC	ACTIVITY	MAIN DISCUSSION POINTS	ECM
One	Fun & Chat	Sharing Stories & Group Games	To talk about what we all did over the summer & to hear each other's stories. If time play some group games (duck, duck, goose)	Enjoy
Two	Friendship	Make Friendship Choosers	To make a simple craft which helps the children identify what makes a good friends.	Enjoy, Achieve, Make a positive contribution
Three	Loneliness	Make a cup & ball game	To make a simple toy to enjoy when on our own. We can learn to have fun even when there is no-one else to play with.	Enjoy, Achieve
Four	Giving	Make a bug fridge Magnet	To learn to take time over making something in order to do the job well & make the person happy.	Enjoy, Achieve, Make a positive contribution
Five	Healthy Eating	Fruit Smoothies	To use fruit & yogurts to create smoothies to enjoy together.	Enjoy, Be Healthy
Six	Expressing Feelings	Drama Games	To use drama games to talk about our feelings and to help express them in positive ways.	Enjoy, Make a positive contribution
Seven	Safety & Fun	Firework Pictures	To make night firework pictures to talk about how to keep safe when at firework parties & have lots of fun.	Stay Safe & Enjoy
Eight	Being proud of who we are	Charades	To play the game you have to pretend to be something that you are not. Talk about how we should be proud of who we are and good things can do.	Enjoy, Make a positive contribution
Nine	Playing Together	Pairs Game	Make our own club pairs game to play together. Talk about how much fun it is to play well together & waiting for our turn.	Enjoy & Achieve
Ten	Patience	Make a Magnetic Fish Game	Real fishing takes patience. Talk about patience and how we need to have it in friendships.	Enjoy, Achieve, Make a positive contribution
Eleven	Expressing Feelings	Make face masks	Make any type or style of mask & talk about how we can hide our feelings. Explain how important it is to talk about how we are feeling.	Enjoy, Achieve,
Twelve	Christmas Giving	Christmas Cards	To make special hand-made cards for those we love.	Enjoy, Achieve, Make a positive contribution
Thirteen	Christmas	Christmas Tree Ornaments	To make ornaments to add to our families tree.	Enjoy & Achieve

## Friendship Lunch Club Plan for Year 3's - Spring Plan

Week	TOPIC	ACTIVITY	MAIN DISCUSSION POINTS	ECM
One	Drama	Children were given activities they had to mime and the others guessed what they were doing	To encourage expression and feelings. What do feelings look like?	Be Healthy
Two	Superhero's	Creating their own Superhero	To talk about special powers/abilities that they would like and why. Talk about staying safe.	Stay Safe
Three	Autograph Game	20 statements around the room. Children read statements and if true about themselves they sign the statement	To tell stories to each other from the signed statements. Get to know each other better. Improve our friendships by talking.	Enjoy
Four	Ready, Steady, Cook	Make fancy sandwiches with lots of ingredients	Talk about all the different 'ingredients' that make a good friendship	Be Healthy
Five	Pictionary	Game in two teams	For fun together	Enjoy
Six	Craft	Making picture/photo frames	To make a craft to give to someone special. Think about what that person would like.	Enjoy & Achieve
Seven	Sharing	Toilet Roll & Scar Sharing  We also played outside for 15 mins as a group. Duck, Duck Goose	Telling each other things that we didn't know about ourselves. Improve our friendship by learning more about each other.  Fun together playing games.	Enjoy  Be Healthy
Eight	Fruit & Veg Kebabs with Dips	Make healthy dips and fruit/veg kebabs	Talk about how to enjoy eating healthy snacks.	Be Healthy
Nine	Easter Baskets	Make a gift for Easter to give to a relative or friend	To spend time & care in making something special for someone is showing love in action	Enjoy & Achieve

## Friendship Lunch Club Plan for Year 3's - Summer Plan

Week	TOPIC	ACTIVITY	MAIN DISCUSSION POINTS	ECM
One	Fun & Chat	Peg People/Animals	To talk about what we all did over Easter Holidays. To have time to catch up on each others news and stories.	Enjoy & Achieve
Two	Working Together	Catch the Action, Wink Murder - Games to be played as a group needing to work together	To talk about how we can have more effect when we work together and also have a lot of fun.	Make a positive contribution
Three	What does our Club stand for?	Club Mural	Talk through why friendship is important and to find out what the children think about the club.	Enjoy & Achieve Stay Safe
Four	What does our Club stand for?	Club Mural	Ditto above.	Enjoy & Achieve Stay Safe
Five	Fun & Chat	Air dried Clay Modelling	To create something and have the chance to chat together and tell personal stories.	Enjoy & Achieve
Six	Fun & Games	Park Bench drama skits	To encourage them to think about what it is like to be another person, eg homeless, old, etc	Enjoy
Seven				
Eight	What am I like?	Positive Adjective Game	To find out what good qualities the others in the group see in them. To help build self esteem.	Make a positive contribution
Nine	Other people/ Giving	Make badges	To make a badge to give to someone else. Need to think carefully about the person & what they like.	Make a positive contribution
Ten	Are we puppets?	Sock Puppets	Can we be who we are or do other people make us do things that we don't want to do? How can we say 'no!' in a positive way?	Stay Safe
Eleven	Looking Forward	Kaleidoscope Making	Things might not always be as you think they are going to be but its part of moving on and growing up.	Enjoy & Achieve
Twelve	Fun & Chat Food Prep	Make some special food together to mark the end of the school year	Spend time making something to eat and chat over moving up next year.	Enjoy